

PARKINSON'S DISEASE

Resource Guide 2026



PDEVV HUB

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812-297-8658

www.pdevvhub.org

Facebook: PDEVVHub



PRESIDENT'S LETTER

April 2026

I'm so excited for 2026! There is a tremendous amount of energy in the Parkinson's Community right now. The Michael J Fox Foundation and the Parkinson's Foundation have non-stop advocacy teams working and a desire to find a cure of this chronic, currently incurable disease. The Parkinson's Foundation even offers free genetic testing to those with Parkinson's through their PDGeneration program. Also exciting is the grassroots efforts of the Indiana Parkinson's Action Coalition to create a statewide registry of all patients in the state using Indiana House Bill 1358 which unanimously passed the House and Senate and is currently waiting for the Governor to sign.

As excited about the statewide and national efforts, I am equally excited about our opportunities here in the southwest corner of Indiana. PDEVV Hub operates two support groups in Evansville, Indiana and Henderson, Kentucky. We are working to bring stronger mental health resources to our Parkinson's and care partner communities. We are also developing a strong relationship with the University of Southern Indiana occupational therapy and dental departments to spread information to current students about Parkinson's disease ("PD") through in-person events. We are thankful for our continued relationships with the University of Evansville physical therapy and SWIRCA & More groups for providing exercise options as well as the opportunities we have to provide resources about PD to those involved with these programs.

2026 brings the World Parkinson's Coalition to Phoenix in May. We are sending four individuals to the World Parkinson's Congress and one to the Parkinson's Wellness Recovery retreat to learn the latest about PD and come back to present to the tri-state what they have learned. If your group desires a speaker, please let us know at pddevvhub@gmail.com.

Our board of directors is very involved in the programming and ideas for the future of Parkinson's disease in our communities for which I will be forever grateful. If you would like to be part of this exciting group and influence PD in the tri-state area, please let one of the board members know or email pddevvhub@gmail.com.

Keep moving!

Kathy McMurray

Board President



Board

Renesa Abner

Christina (JoJo) Butler

JoAnn Drennen – Secretary

Don Gallucci

Harley Martin – Vice-President

Kathy McMurray – President

Hadley Jones

Hannah LaMar

Amy Wilson – Treasurer

Zack Womack

2025 ACOMPLISHMENTS

- **Published a comprehensive local Parkinson's disease resource guide**, providing general PD education along with curated local exercise programs, support services, and community contacts.
- **Achieved over 24% growth in attendance** at the annual *Tulip Trot Awareness Run/Walk*, significantly expanding community engagement and visibility.
- **Sustained two monthly support groups:**
 - **Evansville:** Average attendance increased by 24%.
 - **Henderson:** Maintained consistent engagement with an average attendance of 9 participants.
- **Successfully hosted a Fall Symposium** with 199 people registering, 84 of which were new. The symposium featured:
 - Speakers living with Parkinson's disease.
 - A Veteran with Parkinson's.
 - A dedicated session tailored specifically for care partners.
- **Strengthened organizational leadership** by installing **six new board members**, bringing fresh perspectives, expertise, and innovative ideas to advance the mission.
- **Provided individualized support to newly diagnosed individuals** by responding to unsolicited emails and phone inquiries seeking Parkinson's-related information and guidance.
- **Expanded community outreach and awareness** by distributing informational packets to local neurology and physical therapy offices, increasing visibility of the organization's mission and services.

SHARING KNOWLEDGE

If you would like information about Parkinson's disease, check out our website at www.pdevvhub.org describing all the PD activities, classes and events in the tri-state. You are also able to sign up for our monthly e-newsletter.

Our monthly e-newsletter is distributed on the third Sunday of every month. If you are part of a group or organization that offers programming or events for people with Parkinson's, make sure to let us know. A reminder is sent the week before publishing and submissions are accepted for free. Email pdevvhub@gmail.com.

The PDEVV Hub website (pdevvhub.org) describes activities and provides a link to the electronic version of the local PD resource guide. Social media, including Facebook, shares interesting news articles about PD and our most current changes or announcements.



SUPPORT GROUPS

Both of our support groups focus on community outreach, support, and education based on the group's interests. Focus groups consist of those with PD and Care Partners.

EVANSVILLE, IN

Parkinson & Care Partner Support Group
Meets Monthly – 2nd Wednesday – 6:00 PM
Winter – 2nd Saturday – 10:00 AM

Aldersgate United Methodist Church
5130 Lincoln Ave.
Evansville, IN 47715

Contact: pdevvhub@gmail.com

HENDERSON, KY

Parkinson & Care Partner Support Group
Meets Monthly – 4th Tuesday – 6:00 PM
Winter – 4th Tuesday – 4:00 PM

First United Methodist Church
338 Third St. – Hosbach Room
Henderson, KY 42420

Jim Hunt, Facilitator
papi42420@gmail.com

ANNUAL EVENTS

Tulip Trot – Last Saturday of April

Medication Management – June 2026

Newly Diagnosed Education Day – May 13, 2026

Parkinson's Symposium – September 17, 2026



NATIONAL ORGANIZATIONS

THE MICHAEL J FOX FOUNDATION FOR PARKINSON'S RESEARCH

212-509-0995

www.michaeljfox.org

The Michael J. Fox Foundation is dedicated to finding a cure for Parkinson's disease through an aggressively funded research agenda and to ensuring the development of improved therapies for those living with Parkinson's today

PARKINSON'S FOUNDATION

800-473-4636 PD Help Line

www.parkinson.org

Mission is to make life better for people with Parkinson's disease by improving care and advancing research toward a cure.

PD AVENGERS

signmeup@pdavengers.com

<https://www.pdavengers.com/>

A patient-led movement, uniting people around the world to demand change, drive progress, and ultimately end Parkinson's disease.

AMERICAN PARKINSON DISEASE ASSOCIATION

800-223-2732

www.adpaparkinson.org

Every day, we provide the support, education, and research that will help everyone impacted by Parkinson's disease live life to the fullest.

DAVIS PHINNEY FOUNDATION

866-358-0285

www.davisphinneyfoundation.org

Mission is to help people with Parkinson's to live well today.

Call to order your Every Victory Counts Manual or Care Partners Manual

BRIAN GRANT FOUNDATION

info@briangrant.org

www.briangrant.org

Empowers people impacted by Parkinson's to lead active and fulfilling lives.



TABLE OF CONTENTS

10 EARLY SIGNS OF PARKINSON'S DISEASE	1
PARKINSON'S DISEASE & SYMPTOMS	2
DIAGNOSIS	3
AFTER DIAGNOSIS	3
SUPPORT	4
DISEASE MANAGEMENT	
LOCAL EXERCISE / ACTIVITY.	5
MEDICATIONS.	6
SURGICAL TREATMENTS.	8
MOVEMENT DISORDER SPECIALISTS	8
NEUROLOGISTS.	9
OTHER HEALTH PROFESSIONALS	9
PARKINSON'S SPECIFIC THERAPY.	10
PHYSICAL, OCCUPATIONAL, AND SPEECH THERAPY	10
MENTAL HEALTH.	11
MEDICAL EQUIPMENT.	11
LEGAL	11
SOCIAL SERVICES	12
TRANSPORTATION	13

The information in this resource guide is provided “as is” for general information only. PDEVV Hub, Inc. (“PDEVV”) does not offer medical advice or recommendations, and individuals should not rely on the information in this resource guide as a substitute for consultations with qualified health care professionals who are familiar with individual medical conditions. PDEVV strongly recommends that care and treatment decisions related to Parkinson’s disease and any other medical condition be made in consultation with a patient’s physician or other qualified health care professionals who are familiar with the individual’s specific health situation.

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10 EARLY SIGNS OF PARKINSON'S DISEASE

1. TREMOR

Have you noticed a slight shaking or tremor in your finger, thumb, hand, or chin? A tremor while at rest is a common early sign of Parkinson's disease.

2. SMALL HANDWRITING

You may notice the way you write words on a page has changed, such as letter sizes are smaller and the words are crowded together. A change in handwriting may be a sign of Parkinson's disease called micrographia.

3. LOSS OF SMELL

Have you noticed you no longer smell certain foods very well? If you seem to have more trouble smelling foods like bananas, dill pickles or licorice, you should ask your doctor about Parkinson's.

4. TROUBLE SLEEPING

Do you thrash around in bed or act out dreams when you are asleep? Sudden movements during sleep may be a sign of Parkinson's disease.

5. TROUBLE MOVING OR WALKING

Do you feel stiff in your body, arms or legs? Have others noticed that your arms don't swing like they used to when you walk? It can be a sign of Parkinson's disease.

6. CONSTIPATION

Do you have trouble moving your bowels without straining every day? Straining to move your bowels can be an early sign of Parkinson's disease and you should talk to your doctor.

7. A SOFT OR LOW VOICE

Have other people told you that your voice is very soft or that you sound breathy and/or hoarse? Sometimes you might think other people are losing their hearing, when really you are speaking more softly it could be Parkinson's disease.

8. MASKED FACE

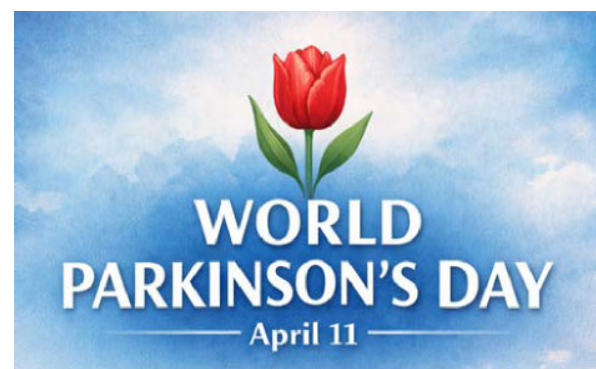
Have you been told that you have a serious, depressed or angry look on your face, even when you are not in a bad mood? This is often called facial masking. If so, you should ask your doctor about Parkinson's disease.

9. DIZZINESS OR FAINTING

Feeling dizzy or fainting can be a sign of low blood pressure and can be linked to Parkinson's disease.

10. STOOPING OR HUNCHING OVER

If you or your family or friends notice that you seem to be stooping, leaning or slouching when you stand, it could be a sign of Parkinson's disease.



Copied from the Parkinson's Foundation website
<https://www.parkinson.org/understanding-parkinsons/10-early-signs>

PARKINSON'S DISEASE & SYMPTOMS

Parkinson's disease (PD) is a neurodegenerative, progressive disorder that causes a gradual loss of brain cells that produce dopamine, a chemical necessary for movement. Symptoms generally develop over several years. The progression of symptoms is often different from one person to another. People with PD may experience movement-related ("motor") symptoms:

- Tremor, mainly at rest and described as pill rolling tremor in the hands.
- Bradykinesia: slowness of movement
- Limb rigidity: unusual stiffness
- Gait and balance problems: increased falls
- Speech and swallowing problems
- Reduced facial expression: mask-like face
- Dystonia: involuntary movements, cramps

Parkinson's symptoms may also be unrelated to movement ("non-motor"). People with PD are often more impacted by their non-motor symptoms than motor symptoms.

Examples of non-motor symptoms include apathy, depression, constipation, sleep behavior disorders, loss of sense of smell, and cognitive impairment.

Although there is no cure, treatment options vary and include exercise, medications, and surgery. While PD itself is not fatal, disease complications can be serious. Initial symptoms are often mistaken as signs of aging. The Parkinson's Foundation states that 90,000 people in the United States are diagnosed with PD each year. 1.1 million people in the United States and more than 10 million people worldwide are diagnosed with PD. More than 21,300 people are diagnosed in the state of Indiana and more than 14,400 in the state of Kentucky. Statistically there are 2,725 people with PD in the greater Evansville area.

It is possible to have a good quality of life with PD. Working with your doctor, exercising, and following recommended therapies are essential in successfully treating symptoms.



Previously, no specific test existed to diagnose Parkinson's disease. Neurologists trained in Parkinson's disease (Movement Disorder Specialist) evaluated a patient's condition and based on their medical history, a review of symptoms and a neurological and physical examination diagnosed Parkinson's disease.

Scientists now know that the presence of phosphorylated alpha-synuclein is a good

indicator of Parkinson's disease. This test can be performed by a Movement Disorder Specialist using skin biopsy or drawing spinal fluids.

Doctors still may order lab tests, such as blood tests, to rule out other conditions that may cause symptoms. Imaging tests - such as MRI, CT, ultrasounds of the brain, PET and DaT scans may also be used to help rule out other disorders.

AFTER DIAGNOSIS

Parkinson's disease cannot be cured, but medications can help control the symptoms, often dramatically. Exercise and staying active is critical and may be neuroprotective or neuroregenerative.

A doctor may recommend lifestyle changes, especially ongoing vigorous exercise. Physical

therapy that focuses on balance and stretching is important. A speech-language pathologist may help improve speech and swallowing problems. A support group for the person with Parkinson's and their care partner are beneficial to share experiences with others in similar situations.



NOW WHAT?

Seven things you can do:

1. See a Movement Disorder Specialist.

This is a neurologist who is trained specifically to treat movement disorders, such as Parkinson's disease. Movement disorder specialists must complete their residency training in neurology and then complete additional training (a fellowship) in movement disorders.

2. Give yourself time to adjust and then get educated. Learn as much as you can about this disease.

3. Be honest. Don't hide your diagnosis. You are still the same person.

4. Exercise. Find something you like to do and do it.

5. Stay engaged. Mental and social engagement is like exercise. Use it or lose it.

6. Track your symptoms. Start a journal. Record when you take which medicine and the way your body feels.

7. Consider research. Participating in research may help you physically or you may feel better helping someone else.

From John's Hopkins Medicine

OTHER PARKINSON'S SUPPORT

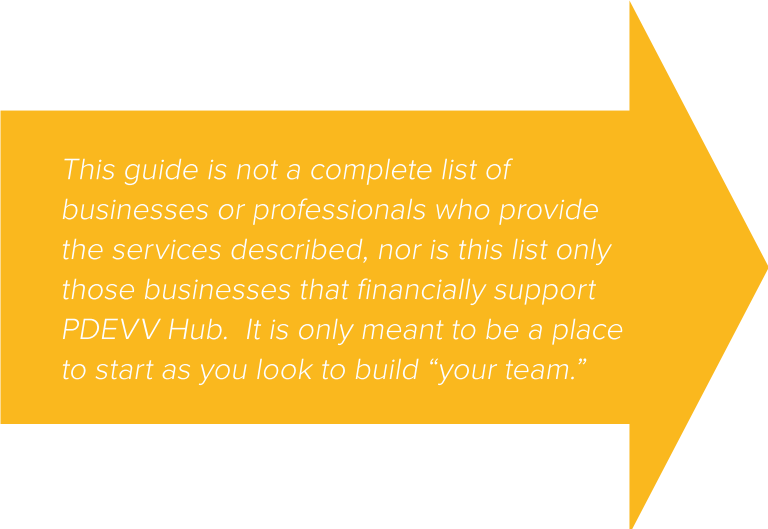
VIRTUAL SUPPORT GROUPS

Bloomington Rehab Hospital

4th Thursday 2-3 PM CT via Zoom
Jennifer 812-803-6438

Indiana Parkinson Foundation

Women Only
1st Tuesday 5 PM CT via Zoom
Kim 317-550-5648
www.indianaparkinson.org



This guide is not a complete list of businesses or professionals who provide the services described, nor is this list only those businesses that financially support PDEVV Hub. It is only meant to be a place to start as you look to build "your team."

LOCAL EXERCISE / ACTIVITY

ACErercise

812-610-9463
University of Evansville Physical Therapy Program
Carson Center Small Gym
1900 E. Walnut St., Evansville, IN 47714

Dance for PD - Henderson

270-860-8523
First United Methodist Church
338 Third St., Henderson, KY 42420
Taught by **Steve Casey**

Virtual Parkinson's Exercise with Harley

Register by contacting Norton Health Care
andrea.lanham@nortonhealthcare.org

Parkinson's Exercise Class

Registration is required by calling 812-598-2178
Encompass Health Rehabilitation Hospital
9355 Warrick Trail, Newburgh, IN 47630
Taught by **Julie Monahan, PT**

Rock Steady Boxing

812-36-2323
Tri-County YMCA
131 E. 16th St., Ferdinand, IN 47532

270-827-9622 Annette Garrison Ext. 306
Henderson County Family YMCA
460 Klutey Plaza, Henderson, KY 42420

SongShine – Evansville

812-598-8332 - **Colleen Martin**
Aldersgate United Methodist Church
5130 Lincoln Ave., Evansville, IN 47715
www.facebook.com/SongshineEvansville

SWIRCA Parkinson's Exercise

618-708-1208 - **Rachael McCullough, DPT**
16 W. Virginia St., Evansville, IN 47710

YMCA- EVANSVILLE

Boxing 4 PD
812-492-6713
Ascension St. Vincent Downtown
516 Court St, Evansville, IN 47708

Pedaling 4 PD & TRX 4 PD

812-401-9622
Dunigan Family YMCA
6846 Oak Grove Rd., Evansville, IN 47715

PD CHAT WITH JULIE

A free 1:1 counseling session for those newly diagnosed with PD and their families.

Julie Monahan, PT
Encompass Health Rehabilitation Hospital
9355 Warrick Trail, Newburgh, IN 47630
To make an appointment call
812-598-2178

PERSONAL TRAINERS

(with specialized training for PD)

SWEAT A LITTLE, LLC

812-550-3061
Harley Martin
ACSM Certified, Personal Trainer
harley.wilsoncpt@gmail.com

812-454-9932

Don Gallucci

ACE Certified, Personal Trainer
donaldgallucci@gmail.com

DISEASE MANAGEMENT

MEDICATIONS

Medications help manage problems with walking, movement, and tremor. Significant improvement of symptoms may occur after beginning Parkinson’s disease treatment. Over time, however, the benefits of drugs frequently diminish or become less consistent. The following is a partial listing of medications used to treat PD.

CLASS	MEDICATION	FUNCTION	SIDE EFFECTS
CARBIDOPA	Lodosyn	Protects levodopa from early conversion to dopamine outside the brain.	Nausea
LEVODOPA	Carbidopa-levodopa (Sinemet®), Carbidopa-levodopa easy to break tablet (Dhivy®), Carbidopa-levodopa orally disintegrating tablet (Parcopa®), Carbidopa-levodopa-Entacapone (Stalevo®), Carbidopa-levodopa infusion (Duopa™), Extended-release Carbidopa-levodopa (Rytary®), Inhaled levodopa (Inbrija®), Extended-release Carbidopa-levodopa (Crexont®), Under-the-skin continuous infusion of Carbidopa-levodopa (Vyalev®)	Natural chemical that passes into the brain and converts to dopamine.	Lightheadedness (orthostatic hypotension), dyskinesia
ADENOSINE RECEPTOR ANTAGONIST	Istradefylline (Nourianz®)	The drug blocks the brain chemical adenosine to boost the signaling of dopamine.	Similar side effects of carbidopa-levodopa. Constipation, nausea, hallucinations, and insomnia.
DOPAMINE AGONISTS	Pramipexole (Mirapex®, Mirapex ER®), Ropinirole (Requip®, Requip XL®), Rotigotine Patch (Neupro®), Injectable apomorphine (Apokyn®), Apomorphine hydrochloride infusion (Onapago®)	Does not change into dopamine. Mimics dopamine effects in the brain.	Similar side effects of carbidopa-levodopa. Hallucinations, sleepiness, and compulsive behaviors such as hyper-sexuality, gambling and eating.
MAO-B INHIBITORS	Selegiline (Eldepryl®, Zelapar®), Rasagiline (Azilect®), Safinamide (Xadago®)	Prevents the breakdown of dopamine by inhibiting the brain enzyme monoamine oxidase B (MAO-B). This enzyme metabolizes brain dopamine.	Nausea, insomnia

CLASS	MEDICATION	FUNCTION	SIDE EFFECTS
Catechol O-methyltransferase (COMT) inhibitors	Entacapone (Comtan®), Tolcapone (Tasmar®), Opicapone (Ongentys®), Carbidopa-levodopa-Entacapone (Stalevo®)	Prolongs the effect of levodopa therapy by blocking an enzyme that breaks down dopamine.	Increased risk of involuntary movements (dyskinesia), diarrhea or other enhanced levodopa side effects.
ANTICHOLINERGICS	Benztropine (Cogentin®), Trihexyphenidyl (Artane®)	Controls tremors associated with Parkinson's disease also dystonia & drooling.	Impaired memory, confusion, hallucinations, constipation, dry mouth, impaired urination.
AMANTADINE	Immediate release, Extended release (Gocovri® & Osmolex ER®)	Prescribed to control involuntary movements (dyskinesia) induced by carbidopa-levodopa and "off" time.	A purple mottling of the skin, falling asleep, ankle swelling, hallucinations.
HALLUCINATIONS OR DELUSIONS	Pimavanserin (Nuplazid®), Clozapine (Clozaril), Quetiapine (Seroquel)	Controls hallucinations and delusions induced by Parkinson's disease medications.	Swelling in the legs or arms, nausea, confusion, hallucinations, constipation, and changes to normal walking.
ORTHOSTATIC HYPOTENSION	Droxidopa, (Northera®), Fludrocortisone (Florinef), Midodrine, (ProAmatine)	Neurogenic orthostatic hypotension (nOH)	Supine hypertension, neuroleptic malignant syndrome, headache, dizziness, nausea, and high blood pressure.

SURGICAL TREATMENTS

DEEP BRAIN STIMULATION

In deep brain stimulation (DBS), surgeons implant electrodes into a specific part of the brain. The electrodes are connected to a generator implanted near your collarbone that sends electrical pulses to your brain and may reduce your Parkinson's disease symptoms.

Your doctor adjusts the settings as necessary to treat your condition. As with all surgeries, there is risk associated with DBS. Please contact your doctor for more information.

FOCUSED ULTRASOUND

With focused ultrasound (FUS), doctors use ultrasound beams to destroy brain cells that cause movement problems. Using MRI imaging to visualize the brain, doctors guide ultrasound beams to destroy tiny areas of cells that cause Parkinson's motor symptoms. Doctors target different brain areas for different symptoms.

*From Michael J Fox Foundation

MOVEMENT DISORDER SPECIALISTS

Indiana University Health

For an appointment call: 317-948-5450
Indianapolis, IN

Norton Neuroscience Institute

For an appointment call: 502-446-4664
Louisville, KY

University of Louisville Physician's/ Parkinson's Disease Clinic

For an appointment call: 502-588-6000
Louisville, KY

Vanderbilt University Movement Disorders Clinic

For an appointment call: 615-936-0060
Nashville, TN

SLUCare Movement Disorders Clinic

For an appointment call: 314-977-6082
St. Louis, MO

Washington University Movement Disorders Clinic

For an appointment call: 314-362-3577
St. Louis, MO



NEUROLOGISTS

Deaconess Neurology

MOB 1 Neurology
812-477-1560
4233 Gateway Blvd., Newburgh, IN 47630

DC Gateway Neurology
812-490-4570
4011 Gateway Blvd., Newburgh, IN 47630

Deaconess Neurology Henderson

270-831-7937
1413 N. Elm St., Suite 106
Henderson, KY 42420

Ascension Medical Group Neurology

812-476-7523
801 St. Mary's Dr. #400 E
Evansville, IN 47714

Deaconess Sleep Center

812-450-3852
7307 E. Columbia St., #101
Evansville, IN 47715

Veteran's Administration Medical Center

812-465-6202
Dr. Ian Stamps
6211 E. Waterford Blvd
Evansville, IN 47715

OTHER HEALTH PROFESSIONALS

Active Chiropractic & Rehabilitation Clinic

812-423-9146
319 NW Martin Luther King Jr. Blvd.
Evansville, IN 47708
www.evansvillechiro.com

Chi Rho Chiropractic

270-389-9696
114 E Main St.
Morganfield, KY 42437

Encompass Health Deaconess Rehabilitation Hospital

812-476-9983
9355 Warrick Trail
Newburgh, IN 47630

Massage for Your Health

812-449-1722
Kelly Endsley, LMT, CMT
8177 Robin Hill Rd., Newburgh, IN 47630

Lori & Co Massage Studio & Spa

270-724-9866
13 S Main St., Henderson, KY 42420
www.loriandco.massagetherapy.com

DISEASE MANAGEMENT

PARKINSON'S SPECIFIC THERAPY

LSVT BIG

www.lsvtglobal.com/LSVTBig

LSVT BIG trains people with Parkinson's disease (PD) to use their body more normally. People living with PD or other neurological conditions often move differently, with gestures and actions that become smaller and slower. They may have trouble getting around, getting dressed and with other activities of daily living. Because LSVT BIG treatment is customized to each person's specific needs and goals, it can help regardless of the stage or severity of your condition.

LSVT LOUD

www.lsvtglobal.com/LSVTLoud

LSVT LOUD is a research-based speech treatment for people with Parkinson's disease (PD) and other neurological conditions. Named for Mrs. Lee Silverman (Lee Silverman Voice Treatment), a woman living with PD, it was developed by Dr. Lorraine Ramig and has been scientifically studied for over 25 years. LSVT LOUD trains people with PD to use their voice at a more normal loudness level.

PHYSICAL, OCCUPATIONAL, AND SPEECH THERAPY

EASTERSEALS REHABILITATION CENTER

812-479-1411

3701 Bellemeade Ave., Evansville, IN 47714

- Augmentative & Alternative Communication
- Warm Water Therapy & Exercise

www.eastersealsrehabcenter.com

PROGRESSIVE HEALTH @ DEACONESS

812-450-8580

4233 Gateway Blvd. Suite 201

Newburgh, IN 47630

- LSVT Big & Loud Therapists
- PWR! Moves Therapists
- SPEAK OUT! Therapists

FOREFRONT THERAPY

812-402-0444

101 NW 1ST St., Suite 114

Evansville, IN 47708

- LSVT Big Therapists

PROREHAB

812-476-0409

- LSVT Big therapists at all 22 locations
- www.prorehab.com

ASCENSION ST. VINCENT

Offering Physical, Occupational and Speech Language Pathology services with board-certified clinicians trained in LSVT at both locations.

YMCA REHABILITATION

812-485-2100

516 Court Street Ste A
Evansville, IN 47708

WASHINGTON SQUARE REHABILITATION

812-485-5200

1144 Washington Square
Evansville, IN 47714

PHYSICAL, OCCUPATIONAL, AND SPEECH THERAPY (cont.)

SALIENCE NEUROREHAB LLC

812-998-6176
Melanie Lindauer, COTA
293 S US 231
Jasper, IN 47546

A mobile outpatient neuro-rehab center for any individual with PD in Jasper or within in 30 minutes.

MENTAL HEALTH

TREE OF LIFE COUNSELING

812-389-0182
Andrea Lantz, LCSW
Certified Respecting Choices® Advance Care
andrea@tolcounseling.com

UE EMILY M. YOUNG

MENTAL HEALTH CLINIC
812-488-5640
Dr. Jennifer Braun, PsyD., HSPP
1931 Lincoln Ave Suite A, Evansville, IN 47714
Individual and Group Therapy

MEDICAL EQUIPMENT

EASTERSEALS REHABILITATION CENTER

812-492-0645
3701 Bellemeade Ave., Evansville, IN 47714
www.eastersealsrehabcenter.com

- Portable & stationary aluminum ramps
- U-Step walkers
- Driving assessments
- Mobility & seating
- Orthotics

MOBILITY PLUS EVANSVILLE

812-550-1444
525 N. Green River Rd., Evansville, IN 47715
www.mobilityplus.com/evansville

- New, used or rent medical equipment

SUPERIOR VAN & MOBILITY

812-402-8267
3414 Interstate Drive, Evansville, IN 47715
www.mobilityplus.com/evansville
Wheelchair vans, wheelchair lifts, mobility products

LEGAL

CHARLES & CHARLES, ELDER LAW ATTORNEYS

812-476-2762
4828 Lincoln Ave., Evansville, IN 47715

SOCIAL SERVICES

ADULT DAY CARE

WALNUT CREEK

812-471-3100
525 Bente West Ct.,
Evansville, IN 47715

WEST RIVER HEALTH CAMPUS

812-419-3326
714 S. Eickhoff Rd.,
Evansville, IN 47712

NORTH RIVER HEALTH CAMPUS

812-867-7256
811 E. Baseline Rd.,
Evansville, IN 47725

ADULT PROTECTIVE SERVICES

INDIANA ELDER ABUSE HOTLINE

1-800-992-6978

OMBUDSMAN

812-423-2927
Voices, Inc.
for Vanderburgh County

463-237-9345
ILSI – Laura George
*for counties other than
Vanderburgh*

AREA AGING AGENCY & SENIOR CENTER

MEALS ON WHEELS OF EVANSVILLE

812-476-6521

NEWBURGH SENIOR CENTER

812-853-5627
529 Jefferson St., Newburgh, IN 47630

SENIOR RESOURCE GUIDE OF SOUTHERN INDIANA

www.resources.swirca.org
Available in English & Spanish

SWIRCA & MORE

812-464-7800
16 W. Virginia St., Evansville, IN 47710

THE GATHERING PLACE – HENDERSON SENIOR CENTER

270-827-2948

SENIOR COMMUNITY CENTER OF OWENSBORO-DAVISS COUNTY

270-687-4640

GREEN RIVER AREA AGENCY ON AGING AND INDEPENDENT LIVING

270-926-4433

CARE FACILITIES

PARKVIEW CARE CENTER

812-424-2941
2819 N. St Joseph Ave., Evansville, IN 47720
Parkinson's Foundation member

OASIS SENIOR ADVISORS EVANSVILLE & THE TRI-STATE

812-567-2364
Lynn Maserejian, RN, BSN, CSA®
LMaserejian@YourOasisAdvisor.com
*FREE service for families on their journey to find
the best suited assisted living, memory care,
independent living and caregivers.*

TRANSPORTATION

METS - METROPOLITAN EVANSVILLE TRANSIT SYSTEM (CITY BUS)

www.bit.ly/METSbus
Adults - \$0.75 per ride
812-435-6166

METS MOBILITY

For those 65 years or older or those with a documented disability that limits the use of the METS regular route system.

METS MICRO

METS Micro is an on-demand public rideshare service. \$2 per ride.
city.ridewithvia.com/metsmicro

WATS - WARRICK AREA TRANSIT SYSTEM

WATS bus routes connect with the Evansville METS transportation system. The fare is \$2.00 per person.
812-254-3225

HANDICAPPED PARKING PERMITS

FOR INDIANA:

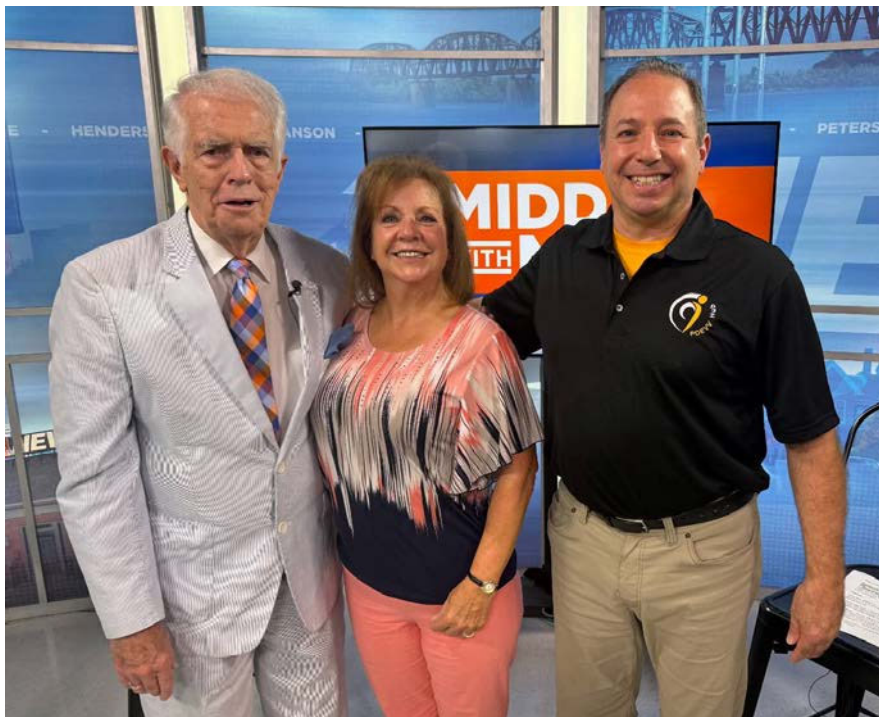
888-692-6841
www.in.gov/bmv/registration-plates/drivers-with-disabilities

FOR KENTUCKY:

502-564-1257
drive.ky.gov/Vehicles/Pages/Disabled-Parking-Permits.aspx

FOR ILLINOIS:

217-782-2709
Illinois Secretary of State
Persons with Disabilities License Plates/
Placard Unit
501 S. Second St. Rm. 541
Springfield, IL 62756





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